



**25<sup>th</sup>-26<sup>th</sup> October 2024 Budapest-HUNGARY**

**VENUE:**

UP RENDEZVÉNYTÉR Budapest, Szent István tér 13-14, 1042 Hungary

**MAP:** <https://maps.app.goo.gl/wsezuEUffBhYrr7M9>

**REGISTRATION: Friday 25<sup>th</sup> October 09:00-16:00**

UP RENDEZVÉNYTÉR Budapest, Szent István tér 13-14, 1042 Hungary

The INBA/PNBA NATURAL UNIVERSE is an AMATEUR and PRO competition

The competition is open to natural athletes from all over the world

Athletes can crossover into multiple categories!

Registration takes place via [www.zbodyfit.com](http://www.zbodyfit.com)

If your country does not work with zbodyfit, please register with zbodyfit under **OTHER**

<https://www.zbodyfit.com/login/profil-user-new.php?asoc=world&back=index&lang=en>

Please have your ID or passport ready. We accept cash only! (Hungarian forint or Euro)

**REGISTER HERE FOR THE COMPETITION:**

<https://zbodyfit.com/competition/cestne-prehlasenie.php?sutaz=159&lang=en>

**ONLINE REGISTRATION START: 04th Marc 2024**

**The form will be active till 04. Marc.2024 - 22. October.2024**

Application sent after the 22th October will not be accepted.

Should you have any problems with completing the application, please contact:

[inbahungary@gmail.com](mailto:inbahungary@gmail.com)

For this competition you will need to purchase de european membership card -

<https://naturalbodybuilding.eu/elite-tour-membership/>

This membership card will be **MANDATORY** for all athletes from Europe who will participate in the INBA/PNBA NATURAL UNIVERSE

For all amateur athletes from outside Europe, a GLOBAL MEMBERSHIP card is **MANDATORY**

<https://naturalbodybuilding.com/product/membership/>

Mobil +1 951-801-2009 and e-mail [info@naturalbodybuilding.com](mailto:info@naturalbodybuilding.com)

For all PRO athletes a PNBA MEMBERSHIPS card is **MANDATORY**

<https://naturalbodybuilding.com/product/pnba-membership/>

## COMPETITION DAYS:

**1<sup>st</sup> DAY Friday 25<sup>th</sup> October 16:00-21:00**

**2<sup>nd</sup> DAY Saturday 26<sup>th</sup> October 08:00-21:00**

JUDGING MEETING: Friday, 25<sup>th</sup> 11:00-12:00 (official hotel)

INBA LEADERS MEETING: Friday, 25<sup>th</sup> 12:00-13:00 (official hotel)

### Entry fees for participation in the competition:

First category :	170€
Each additional category :	130€
Physically Challenged :	40€
PNBA competition fee :	250€
Coaches pass :	40€ valid for 2 days (This do not provide spectator seats)
Tickets :	20€ valid for 2 days
Tickets for children:	10€ valid for 2 days (under 12 years of age)
Doping fee:	30€

*(Registration fee, doping, entry ticket, coach pass must be paid in cash at the registration desk.)*

### INBA (Amateur) men's categories:

*Men's Bodybuilding Ultra Masters over 60 years*  
*Men's Bodybuilding Grand Masters 50-59 years*  
*Men's Bodybuilding Masters 40-49 years*  
*Men's Bodybuilding Jr. Masters 35-39 years*  
*Men's Bodybuilding Open (divided into classes by height)*  
*Men's Bodybuilding Novice*  
*Men's Bodybuilding Junior up to 23 years*  
*Men's Classic Physique Junior\*\*\* up to 23 years*  
*Men's Classic Physique Open\*\*\* (divided into classes by height)*  
*Men's Classic Physique Novice\*\*\**  
*Men's Classic Physique Jr Masters\*\*\* over 35 years*  
*Men's Athletic*  
*Men's Physique Junior up to 23 years*  
*Men's Physique Novice*  
*Men's Physique (divided into classes by height)*  
*Men's Physique Jr. Masters over 35 years*  
*Men's Sports Model Open*  
*Men's Beach Body*  
*Men's Physically Challenged*

*Novice category: only „LIFETIME“ bodybuilders who wasnt in bodybuilding contest on the top three!*

### INBA (Amateur) women's categories:

*Women's Bathing Suit Beauties (Swimsuit Model)*  
*Women's Angels*  
*Women's Wellness Open*  
*Women's Bikini Diva's Junior up to 23 years*  
*Women's Bikini Diva's Open (divided into classes by height)*  
*Women's Bikini Diva's Novice*

Women's Bikini Diva's Jr. Masters 35-39 years  
Women's Bikini Diva's Masters over 40 years  
Women's Bikini Mamas  
Women's Sports Model Open (divided into classes by height)  
Women's Sports Model Jr. Masters  
Women's Sports Model Novice  
Women's Figure Open  
Women's Physique \*\*\* Open  
Women's Bodybuilding Open  
Mixed pairs \*\*\*

*Novice category: only „LIFETIME” competitors who wasnt in bodybuilding contest on the top three!*

### **POSING ROUTINE:**

\*\*\*Athletes participating in categories marked by 3 star (\*\*\*) are required to upload their 60 seconds music for their free routine along with their application to the electronical system.

Individual posing routine for Men's Classic Physique, Women's Physique and Mixed Pairs only!

### **PNBA (Professional) categories:**

Women's Bikini Diva's PNBA Open  
Women's Figure PNBA Open  
Women's Physique \*\*\*PNBA Open  
Men's Physique PNBA Open  
Men's Classic Physique\*\*\*PNBA Open  
Men's Bodybuilding PNBA Open  
Men's Bodybuilding PNBA Masters

### ***Extra prizes for PRO athletes***

<b>3-5 ATHLETES</b>	<b>6-12 ATHLETES</b>	<b>13-17 ATHLETES</b>	<b>18+ ATHLETES</b>
<b>1ST PLACE - \$500</b>	<b>1ST PLACE - \$1,000</b>	<b>1ST PLACE - \$2,000</b>	<b>1ST PLACE - \$3,000</b>
	<b>2ND PLACE - \$500</b>	<b>2ND PLACE - \$500</b>	<b>2ND PLACE - \$700</b>
	<b>3RD PLACE - \$300</b>	<b>3RD PLACE - \$300</b>	<b>3RD PLACE - \$500</b>

*The promoter reserves the right to OPEN, MERGE or to CANCEL categories based on the numbers of athletes registered ! Category is opened for at least 3 competitors.*

*Please read the evaluation criteria of the classes carefully and observe them when registering:*

<https://naturalbodybuilding.com/categories/>

<https://naturalbodybuilding.eu/categories/>

*-The personal QR code from [www.zbodyfit.com](http://www.zbodyfit.com) must be printed out or presented by mobile phone. This can be accesed after logging in as a tab by name under – my QR code –*

*-Your numbers are assigned in duplicate and are also valid for multiple starts in different classes*

*-You need a valid ID card or Passport*

### **COMPETITION:**

- Spectators are allowed to enter one hour before the start of the competition.
- Time schedule will be published on the "INBA Hungary Natural Bodybuilding" facebook page.
- With coach/trainer wristband can visit the backstage area.
- The backstage staff will call you in sufficient time before your class starts.
- The call is made via your start number. The start numbers are attached to the front left and middle back of your posing trunks/bikini. Please make sure that you heed the calls.
- Please wear clothing in the venue that covers a large part of your body so that you do not leave any tanning marks on the chairs and walls.
- Free chairs may of course be used. However, spectators have priority.

### **ANTIDOPING TEST:**

INBA/PNBA-related INBA Hungary considers the improvement and accuracy of urine tests important. For this reason, it has entered into an agreement with GQS GmbH (Global Quality Sports) to monitor urine analysis processes. GQS is an international ISO-certified company based in Stuttgart and Berlin that performs doping control in various sports. GQS agents take a urine sample at the competition.

In addition, whole body screening is performed to detect traces of injections and any other suspicious body features. Samples will be taken in accordance with the World Anti-Doping Code and the WADA International Standard for Testing. Samples are shipped to Germany to one of the WADA-accredited laboratories in Cologne or Dresden / Kreischa.

### **PRO TAN REGISTRATION:**

**<https://www.protan-europe.com/book-your-tan/687>**

Professional Make up,  
Professional Hair dresser

**!!ATTENTION !!**

It is only allowed to use the official tan provider PRO TAN EUROPE. Any contestants using a different tanning brand will be disqualified. All contestants must and should have similar tanning color! Competition fee to be payed at the registration desk in cash only.

### **OFFICIAL HOTEL: **Park Inn by Radisson** (1138 Budapest Szekszárdi u. 16-18.)**

You can book accommodation with a discount code:

<https://www.radissonhotels.com/.../hotels/park-inn-budapest>

Here, if the date and room type have been set, there is a so-called "Special Rates" drop-down menu, you have to enter the code for the promotional code there and it will throw out the discounted prices.

**Code: INBA2024**

(It is possible to book a single or double room, with or without breakfast.)

### **TICKETS:**

Tickets can be purchased in cash at the venue on Friday and Saturday.

### **PHOTOS:**

The media partner for the event is **Dunavolgyi Media Team**, exclusively. You can contact them for stage and studio photos, also for different types of videos. **Contact: WhatsApp: 0036203204278**

**Email: [zsolt@mediateam.hu](mailto:zsolt@mediateam.hu). Instagram: [Dunavolgyi Media Team](#)**

### **TIME SCHEDULE:**

The exact time schedule will be published on Facebook and Instagram 5 days before the contest.

**CONTACT: [inbahungary@gmail.com](mailto:inbahungary@gmail.com) Endre Estók President**



PRO/AM



# NATURAL UNIVERSE

25TH - 26TH OCTOBER 2024 BUDAPEST - HUNGARY



Up Rendezvénytér Budapest, Szent István tér 13 - 14, 1042  
WHERE THE WORLD COMES TO COMPETE

